

Day 1 Foundation of Food is Medicine and Agri-Health

Part I Food is Medicine (FIM) Research

REGISTRATION, COFFEE & TEA	09.00 - 09.45	
OPENING & WELCOME DAY 1 Zuzanna Zielinska (HarvestCare RHEA)	09.45 - 10.00	
FOUNDATIONS OF FOOD IS MEDICINE Ronit Ridberg (Tufts University)	10.00 - 10.20	KEYNOTE SPEECH
THE GLOBAL FOOD IS MEDICINE MOVEMENT & CLINICAL STUDIES IN AUSTRALIA Jason Wu (The George Institute for Global Health)	10.25 - 10.45	KEYNOTE SPEECH
FOOD IS MEDICINE CLINICAL STUDIES IN CANADA Dana Ostald (University of Calgary)	10.50 - 11.00	KEYNOTE SPEECH
NETWORKING BREAK	11.00 - 11.15	

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Part II Food is Medicine (FIM) Research

FOOD IS MEDICINE CLINICAL STUDIES IN THE NETHERLANDS Kirsten Berk (Erasmus MC) Zuzanna Zielinska (HarvestCare)	11.20 - 11.35	KEYNOTE SPEECH
PATIENT EXPERIENCES OF FOOD IS MEDICINE Panelists: Charmila Hijzelaar, Nargis Lalaram, Martin Vollebregt Moderator: Anne van de Peppel (HarvestCare)	11.40 - 12.20	PANEL DISCUSSION
GLOBAL IMPLEMENTATION OF FOOD IS MEDICINE: RWANDA & CANADA Isabelle Kamariza (Solid'Africa) Sarah Stern (Maple Leaf Centre for Food Security)	12.25 - 12.45	KEYNOTE SPEECH
LUNCH BREAK - FARMERS' MARKET & COMMUNITY SHOWCASE EARA, Vivid Farms, Ekomenu, Top 50 Farmers, Agricultura Regenerativa Ibérica, Landzicht Biologisch, CARES Centre of Agroecology in Mértola, Fattoria La Vialla, Bac2nature	12.50 - 13.55	

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Part III Agri-Health

AGRI-HEALTH: LINKING AGRICULTURE & HEALTHCARE Raiza Rezende (RHEA) Marta Cortegano (Terra Syntropica)	14.00 - 14.15	KEYNOTE SPEECH
HOW HEALTHCARE DEMAND CAN ACCELERATE THE REGENERATIVE TRANSITION Panelists: Marijke Van Ranst (BioForum), Francesca Miazzo (Ekomenu) Alizée Marceau (ALTAA, Green Prescriptions), Isabelle Kamariza (Solid'Africa) Moderator: Lilly Maxwell (Commonland)	14.20 - 15.00	PANEL DISCUSSION
BREAK	15.00 - 15.15	

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Part IV Funding for FIM & Agri-Health

FUNDING PATHWAYS OF FOOD IS MEDICINE IN THE US	15.20 - 15.30	KEYNOTE SPEECH
Ronit Ridberg (Tufts University)		
FUNDING FOOD IS MEDICINE AND AGRI-HEALTH	15.35 - 16.15	PANEL DISCUSSION
Panellists: Maarten Derksen (Stichting DOEN), An-Thi Lee (Rockefeller Foundation), Rainer Höll (Sol Fund) Moderator: Koen van Seijen (Investing in Regenerative Agriculture and Food)		
WHO PAYS FOR PREVENTION? A DUTCH CASE STUDY	16.25 - 17.05	PANEL DISCUSSION
Panellists: Anne van de Peppel (Harvest Care), Jessica Michigelsen (Riga) Roos Dieuwertje (SFNL), Volkert Engelsman (Robin Food Coalition) Moderator: Bart van der Zee (Fresh Ventures)		
CLOSING REFLECTIONS & WRAPPING UP DAY 1	17.05 - 17.15	

Day 2 Nutrient Density and Human Health

Part I Nutrient Density

REGISTRATION, COFFEE & TEA & BOOK SIGNING

09.00 - 09.45

Books: Soil to Gut - Lucy Williamson, Getting Healthy in Toxic Times - Dr Jenny Goodman

OPENING & WELCOME DAY 2

09.45 - 10.00

Raiza Rezende (RHEA)

NUTRIENT DENSITY & SOIL HEALTH

10.00 - 10.05

VIDEO

David Montgomery (Geomorphologist & Author)

INTRODUCTION TO NUTRIENT DENSITY

10.05 - 10.30

KEYNOTE SPEECH

Anne Biklé (Biologist & Author)

NUTRIENT DENSITY RESEARCH: SCIENTIFIC PRESENTATIONS & DISCUSSION

10.35 - 11.20

PANEL DISCUSSION

Panellists: Emilia Hanula (Leiden University), Annabelle Williams (Soil Heroes), Anne Biklé (Biologist)
Moderator: Antonella Ilaria Totaro (Investing in Regenerative Agriculture and Food)

BREAK

11.20- 11.40

PARALLEl WORKING SESSION 10.30 - 11.30
RE-IMAGINING EDUCATION AT THE
INTERSECTION OF AGRICULTURE, FOOD &
HEALTHCARE

Day 2 Nutrient Density and Human Health

Part II Human Health

ECOLOGICAL MEDICINE & REGENERATIVE FARMING

11.40 - 12.00

KEYNOTE SPEECH

Dr Jenny Goodman (Ecological Medicine Practitioner)

BRINGING FOOD SYSTEMS INTO HEALTHCARE TRAINING

12.05 - 12.45

PANEL DISCUSSION

Panellists: Wendy Walrabestein (PAN), Rutger Quispel (Caring Doctors), Ali Morpeth (Planetary Alliance)
Moderator: Eirini Tsirimokou (RHEA)

FROM SOIL HEALTH TO GUT HEALTH

12.50 - 13.05

KEYNOTE SPEECH

Lucy Williamson (Registered Nutritionist & Author)

LUNCH BREAK - NUTRIENT DENSITY HUB & BOOK SIGNING

13.10 - 14.00

ND HUB: RHEA, Vitagri, Soil Heroes
Books: What Your Food Ate - Anne Biklé, Grown to Heal - Koen van Seijen & Antonella Ilaria Totaro

PARALLEl WORKING SESSION 11.40 - 13.10
THE FARMER'S ROLE IN FOOD IS MEDICINE

Day 2 Nutrient Density and Human Health

Part II Parallel working sessions

RE-IMAGINING EDUCATION AT THE INTERSECTION OF AGRICULTURE, FOOD & HEALTHCARE

Justine Verstraeten (Food As Medicine Foundation)
Barbara Arita (RHEA)

10.30 - 11.30

WORKING SESSION

THE FARMER'S ROLE IN FOOD IS MEDICINE

EARA farmers, Climate Farmers & ReGeNL
Facilitators: Fabio Volkmann & Josefine Herz (EARA)

11.40 - 13.00

WORKING SESSION

Day 2 Nutrient Density and Human Health

Part III FIM Pitch Competition, Policy & Closing

EUROPEAN FOOD IS MEDICINE PITCH COMPETITION FIM EU APPLICANTS	14.00 - 14.40	PITCH PRESENTATIONS
POLICY & SYSTEMS TRANSFORMATION THROUGH COLLECTIVE ACTION TBD	14.45 - 15.45	PANEL DISCUSSION
ANNOUNCEMENTS OF THE PITCH COMPETITION WINNERS	15.50 - 16.00	
CLOSING REFLECTIONS RHEA & HARVEST CARE	16.00 - 16.10	
BOOK SIGNING - NETWORKING All books	16.10 - 17.00	